

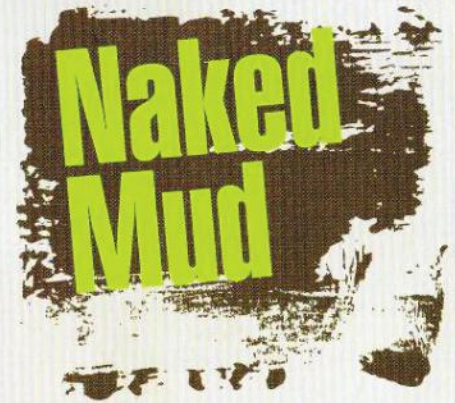
Can help with the following conditions:

- Arthritis pain
- Back pain
- Benign Prostatic Hypertrophy
- Bursitis
- Carpal Tunnel Syndrome
- Chronic Gout
- Fibromyalgia
- Fractures
- Gynecological disorders
- Headaches
- Hematomas
- Hives
- Influenza
- Insomnia
- Lumbago
- Metabolic disorders
- Muscle tension
- Neurological disorders
- Orthopedic disorders
- Osteoarthritis
- Post-operative rehabilitation
- Pre-Menstrual syndrome
- Prostatitis
- Psoriasis
- Rashes
- Rheumatoid Arthritis
- Sciatica
- Skin care
- Sprains
- Strains
- Stress relief
- Trauma
- Viral infections
- Weight loss

Naked Mud, nurtured by nature...

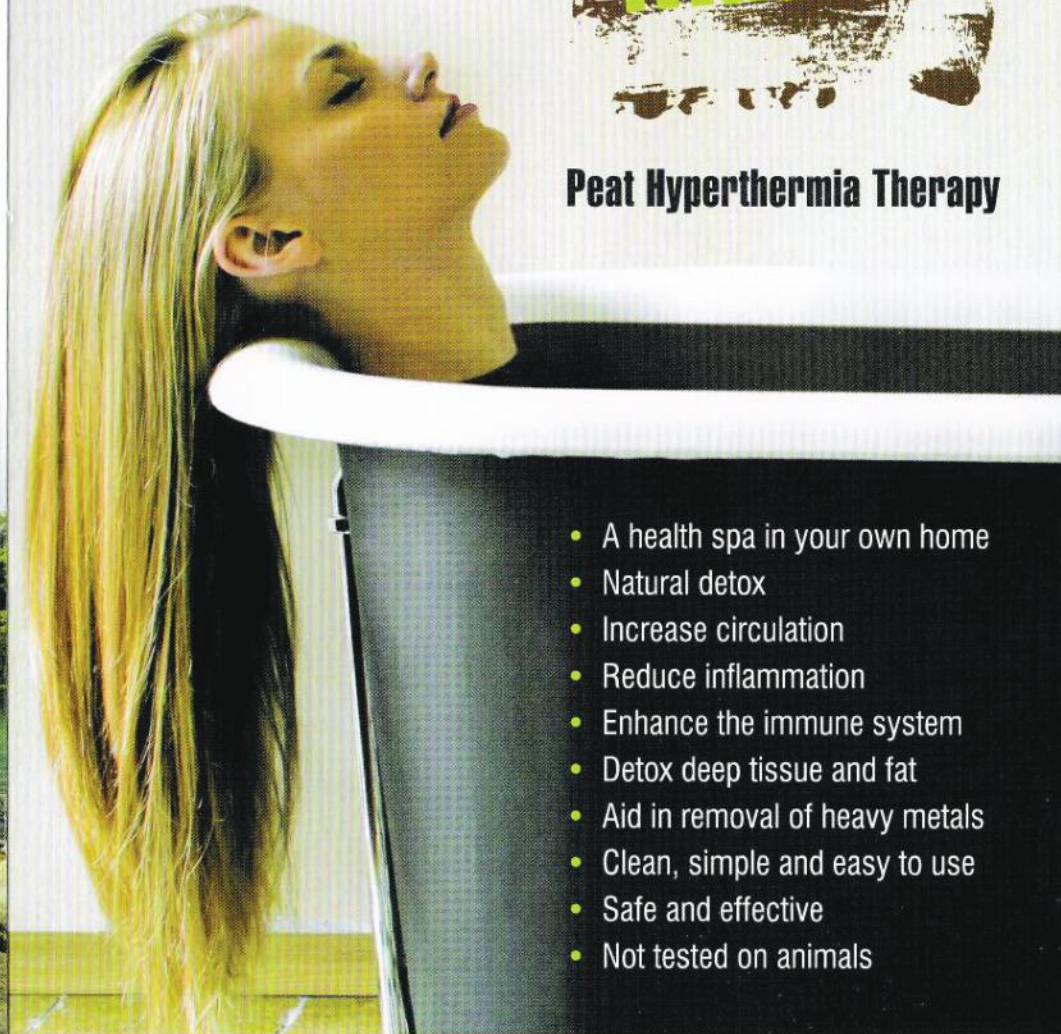
For more information on our products please call:

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Peat Hyperthermia Therapy

- A health spa in your own home
- Natural detox
- Increase circulation
- Reduce inflammation
- Enhance the immune system
- Detox deep tissue and fat
- Aid in removal of heavy metals
- Clean, simple and easy to use
- Safe and effective
- Not tested on animals



Health benefits

Naked Mud is a Peat Hyperthermia Therapy (PHT) in the comfort your own home. PHT is a highly beneficial treatment that can be used for a variety of health conditions aiding the elimination of highly damaging toxins and waste products from the body's cells and tissues. The result is an improvement in overall cell and organ function and the increased ability of the body to heal itself.

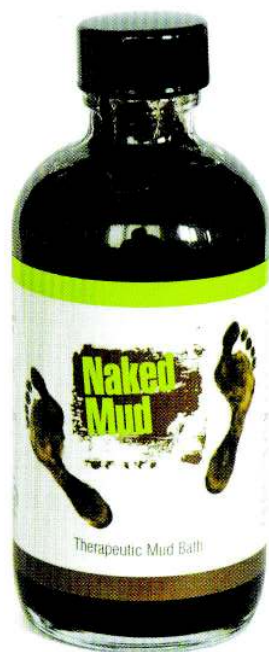
Peat maintains the temperature of the bath for an extended period of time, allowing for **increased circulation** in the body and absorption of the beneficial nutrients and substances in the peat itself. The high temperature of the bath mobilises toxins from the fat cells where they are stored. Enhanced circulation carries them out of the tissues, and they are excreted through the five organs of elimination. The concentrated form of the bath product **will not stain or cling to the body.**

What is Naked Mud peat?

The peat is the result of deep sedimentation over 40,000 years, and is found in a secluded region of Canada. It is a unique substance infused with a rich collection of flora, a variety of essential minerals, trace elements, enzymes, organic acids and other natural substances that are formed from the biological degradation of plant material. In short, these naturally balanced ingredients have **astounding health benefits** and are greatly sought after for their many curative properties.



The peat is the result of deep sedimentation over 40,000 years



Why should you use Naked Mud?

- **A powerful circulatory stimulant**
- **Detoxifies by mobilising deep fat and chemicals stored in your body**
- **Induces fever to allow:**
 - Significant bone marrow production of white cells for the immune system
 - Significant increase in metabolic rate
 - Hormonal balancing effect
- **Increases libido**
- **Decreases stress**
- **Relieves pain and inflammation**

Safe, natural and effective therapy

As we age, heart disease and stress constrict blood flow through our arteries. **PHT slows the ageing process**, delivering rich oxygen and nutrients to cells through enhanced circulation.

Healthy cells need oxygen, nutrients, circulation and detoxification to perform optimally. **PHT boosts blood flow and promotes circulation and detoxification.**

Research shows

Balneotherapy also known as the treatment of disease by hot baths, can benefit areas of poor blood flow by both increasing the growth of new blood vessel (angiogenesis) and through the action of opening up blood vessels (vasodilatation). (Circulation. 2005)

Mud-bath therapy has shown to slow down the progression of knee OA, (Rheumatol Int. 2012), while significantly improve the clinical conditions of patients with knee osteoarthritis and significantly reduce the frequency and severity of symptoms and the disability they cause, (Clin Ter. 2009), and can produce long term results which include pain reduction, (Int J Biometeorol. 2012), particularly those suffering from fibromyalgia. (Rheumatol Int. 2012)

No mess, No fuss, Just rinse away...

